SUNDAY 28th APRIL

Loch Glendhu and Ben Strome Loop : **OS 15 218 346** Walk alongside Loch Glendhu and stalkers tracks on Ben Strome. Approx. 14.5km / 9 miles.

Leaders: Mandy Freer : 07435 567940 & Patricia Hannah : 01863 766061

Optional self-guided low level walk alongside Loch Glendhu and return. <u>Car Share</u>: Dornoch Square 08.30 : Bonar Bridge PO 09.00 : Rosehall Trails 09.30

Car park at Kylestrome. Cross the Kylesku Bridge heading north, take a right turn, in approx. 1km and then turn immediately right again. The walks start at **10.30**

SUNDAY 26th MAY

Morven, Caithness : 706m / 2316ft. Start at OS 17 ND 073 304

15km / 9.5 miles, track, sheep tracks and rough hill, linear, with slight variation on return.

Leaders: Stan Holroyd & Frances Shearer : 01408 621370 / 07890 352804

Optional self-guided low level walk west to Corriechoich and back, on easy track. Approx.5 miles (or 6 miles on easy, pathless river route return) Car Share: Bonar Bridge PO 08.45 : Dornoch Square 08.45 :

Golspie 09.15 : Brora Čo-op 09.30 Limited parking, car share essential The walk starts at **10.30** from Braemore public road end Phone Box.

SUNDAY 23rd JUNE

Ben Loyal : 764m / 2507ft. OS 10 578 488

12km / 7.5 miles, paths and tracks, some trackless open ground, some steep gradients, linear.

Leader: Russell Wood : 07774 117202

Optional self-guided low level alternative walk in area.

<u>Car Share</u>: Dornoch Square 08.00 : Bonar Bridge PO 08.30 : Lairg 09.00 The walks start from Lettermore, Loch Loyal at **10.00** NC 615 477

- Please contact Walk Leaders nearer the time if further details of walks are required.
- Non Members are advised to contact the Walk Leader the day before the walk, to confirm that it is taking place.
- Please pre-book attendance on walks with the Secretary.
- ADDITIONAL SATURDAY WALKS DETAILED OVERLEAF

SUNDAY 28th JULY

Tom Ban Mor :742m / 2434 ft. **OS 20 319 752** (Aultguish Inn) **NO DOGS** Walking across the reservoir and along the track, up to Tom Ban Beag, on to the Monument and summit, dropping down the other side to the track to Strathvaich Lodge, follow track to Black Bridge and back up road to car park.

Leader: David Hannah : 01863 766061

Optional self-guided low level walk from Black Bridge to Loch Vaich. <u>Car Share</u>: Brora Co-op 08.00 : Golspie 08.15 : The Mound 08.30 : Dornoch Square 08.30 : Lairg 08.00 : Bonar Bridge PO 08.25 : Ardgay Station 08.30 : Tain Home Bargains 09.00 The walk starts at **11.00** from car park **OS 20 343 704**

SUNDAY 25th AUGUST

Cul Mor : 849m / 2785ft. OS 15 162 119

11.26km / 7 miles, path and open hill, linear.

Leader: Bill Lockyer : 07507 674161

Optional self-guided low level walk at Knockan Crag Visitor Centre.

Car Share: Dornoch Square 08.45 : Bonar Bridge PO 09.15 :

Lairg 09.30 : Rosehall Trails 09.45

The walk starts from the layby on the A835, 300m north of Knockan Crag Visitor Centre at **10.30 OS 15 188 094**

Walks Planning Meeting : October to March Wednesday, 4th September 2024 : 7.30pm Dornoch Social Club : Main Hall

SUNDAY 22nd SEPTEMBER

Balnacoil to Pollie : **OS 17 807 111** Also on **OS 444** Approx. 13-16km / 8-10 miles, linear track, near to Black Water towards Pollie and return.

Leaders: Steve Farquharson : 01862 811381 / 07826 695721 and Bill Lockyer : 07507 674161

Optional shorter self-guided walk along same path to waterfalls & return. <u>Car Share</u>: Dornoch Square 09.00 : Golspie 09.30 : Brora Co-op 09.45 : Rogart 09.45 : Ardgay Station 09.30

Parking on grass near bridge over River Brora at Balnacoil. The walks start at **10.15**

- The Bonar Bridge Car Park is on Lairg Road, opposite the Post Office
- The Golspie Car Park is on Fountain Road
- The Lairg Car Park is on Main Street, opposite the Chemists

SATURDAY WALKS : MAY TO SEPTEMBER 2024

All walks will be led by Bill Lockyer : 07507 674161

Please contact the Leader if further details are required.

Non Members are advised to contact the Leader the day before the walk to confirm that it is taking place.

Please pre-book attendance on walks with the Secretary.

The Bonar Bridge car park is on Lairg Road, opposite the Post Office

The Lairg car park is on Main Street, opposite the Chemists

SATURDAY 11th MAY

Sgurr an Fhidhleir : 705m and Ben Mor Coigach : 743m.

Park near Culnacraig, near road end at **NC 062 041**. Path to 520m on Sgurr an Fhidhleir, then to summit at 705m, turn south to follow cliffs on LHS and then SE up to summit ridge of Ben More Coigach. Approx.. 5-7 hours. Good weather option to go out to point 648m from Sgurr an Fhidhleir for fine views. Approx. 55 miles and 1 hour 35mins. driving via A837 from Bonar Bridge to parking spot.

Car Share: meet Bonar Bridge PO car park 09.00, walk starts at 10.45

SATURDAY 8th JUNE

Arkle : 787m.

Park ½ km north of Achfary on A838 at start of private road to Lone at **NC 297 402**, cross river and proceed up LHS of Allt Horne on good stalker's path. Leave this path after 1½ km at **321 432** and ascend N to Meall Aonghais at 580m. Open stony slopes lead NW to the start of the summit ridge at point 758m, then 1km along ridge to summit at 787m. One stretch on ridge is narrow and rough going, but is short. Approx. 3½ to 4 hours to summit, overall 16km to summit and back, approx.. 6-7 hours. Approx. 42 miles and 1 hour driving from Bonar Bridge via A836 and A838 to parking spot. Car Share: meet Bonar Bridge PO car park 09.30 : Lairg car park 09.45

<u>Car Share</u>: meet Bonar Bridge PO car park 09.30 : Lairg car park 0 The walk starts at **10.30**

SATURDAY 13th JULY

Cranstackie : 801m and Beinn Spionnaidh : 773m, the most northerly Corbetts.

Park at Carbreck on the A838 at **NC 333 593** and proceed to the shepherd's house at Rhigolter, then between the two hills to bealach at 560m. For Cranstackie, up well defined NE ridge to summit. Approx. 3 hours 20 mins. to summit. Return to bealach and up broader SW ridge of Beinn Spionnaidh. Descend WNW ridge and drop off at col before Cioch Mor (551m) to descend back to route into corrie between the hills. Approx. 15km out and back with 970m of ascent, 6-8 hours. Approx. 59 miles and 1½ hours driving from Bonar Bridge via A836 and A838 to parking spot.

<u>Car Share</u>: meet Bonar Bridge PO car park 09.00 : Lairg car park 09.15 The walk starts at **10.30**

SATURDAY 10th AUGUST

Breabag : 815m

Start from A837 5km N of Ledmore **NC 253 178** and follow the Allt Nan Uahn, past caves, going E. Initially steep, but eases, then 1km east through a break in the escarpment. Once through onto easier slopes, south for 1km, with another 200m of ascent leads to the summit. Approx. 3½ hours to summit, with overall distance there and back 10km, with 680m of ascent, 6-7 hours. Approx. 34 miles and 55 mins. driving from Bonar Bridge via A837 to parking spot.

Car Share: meet Bonar Bridge PO car park 09.30, walk starts at 10.30

SATURDAY 7th SEPTEMBER

Ben Klibreck : 962m (Meal nan Con)

Start at A836 at point 198m north of the Crask Inn at **NC 533 272** 1km south of Vagastie, where there is parking, and take path over Cnog Sgriodain, 544m contour below Creag an Lochain on west side on path to point 688m. Continue north to point 737m and then east to summit at 962m. Back by the same route, with option to go over Creag an Lochain, 808m and then SW and W back to start. Approx. 15km, 7-8½ hours. Approx. 25 miles and 40 mins driving from Bonar Bridge via A836 to parking spot.

 $\underline{Car\ Share}$: meet Bonar Bridge PO car park 09.30 : Lairg car park 09.45 The walk starts at 10.20

CHAIRMAN

VICE CHAIRMAN

Jon Jenkins : 01862 810382 Knockglass Skelbo DORNOCH IV25 3QF Annette Parrott : 01549 402095 The Croft House West Shinness LAIRG IV27 4DW

SECRETARY

TREASURER

Fiona Macdonald : 01862 810275 Elmbank Castle Street DORNOCH IV25 3SN David Hannah : 01863 766061 Tigh na Cnoc Ardgay Hill ARDGAY IV24 3DH

The Committee members will be pleased to answer any questions regarding these walks, or on joining the Sutherland Walkers Group. Alternatively, send an e-mail to femmacdonald@btinternet.com

IMPORTANT INFORMATION

 Sutherland Walkers Group is pleased to welcome occasional walkers or new members to any of these walks. Annual Membership (due 01 March) is £10 for adults and £2.50 for under 16's.

No charge is made for the initial two walks.

- For more details on each walk, please contact the relevant Leader.
- Walks may be altered (or cancelled) if weather conditions dictate.
- Car sharing : £5 contribution, mutually agreed between driver and passengers.
- Walkers wishing to bring their dogs on walks are advised to discuss the suitability of the walk with the Walk Leader beforehand, and in accordance with The Scottish Outdoor Access Code.
- ALL WALKERS ARE ADVISED TO:-
 - Bring a packed lunch and sufficient to drink (ideally hot).
 - Have appropriate wind and waterproof clothing.
 - Wear walking boots, which are essential.
- Walkers are responsible <u>AT ALL TIMES</u> for themselves and any accompanied children they bring under 16 years of age.
- The Walk Leader's decision is final on all issues concerning their walk. Any concerns about the walk must be made to the Leader in private in order to prevent any undermining of the Leader's authority. Leaders will carry a First Aid Kit.
- New Walk Leaders and ideas for future walks are always welcome.



Programme of Walks and Events

April 2024

То

September 2024